

Vermont Academy of Family Physicians Board Meeting

Wednesday, March 18, 2014
VMS Offices, 134 Main Street, Montpelier, VT

Present: Allyson Bolduc, M.D., Mike Sirois, M.D., Stuart Williams, M.D., Rob Penney, M.D., Fay Homan, M.D., Carol Blackwood, M.D. (phone), Stephanie Winters

1. Call to Order

The meeting was called to order at 6:06 p.m. by Allyson Bolduc, M.D.

2. Approval of Minutes

A motion was made and seconded to approve the minutes of January 15, 2014. The minutes were unanimously approved.

3. Announcements

VTAFP is hosting a leadership conference with the Vermont Medical Society Education and Research Foundation (VMSERF) on January 25th at the Capitol Plaza from 8-1.

4. Reports

a. President's Report – Allyson Bolduc

Allyson discussed the need for a Vice President Candidate for the fall meeting and the need for concrete ideas at the June meeting. If anyone has suggestions please let her know. Also start thinking about the Family Physician of the Year for 2014!

Allyson and Mary Dill have been meeting to make a game plan for the legislative meeting in family physician offices. Stephanie distributed draft talking points for members to use for recruiting non-members. Discussion ensued.

b. Treasurers Report/Budget – Mike Sirois

Mike reported on the balances of the VTAFP accounts. We currently have \$84,811.76 in the checking account, including \$6,467.15 of grant funds. The Fidelity account has a balance of \$48,455.65. The board voted unanimously to move all but \$20,000 of the checking account in to the Fidelity account with ½ the money in bonds and ½ in social funds.

c. UVM/Residency

Pediatric and family medicine residents will be working together on a resident advocacy day with Stephanie to promote a bill that would prohibit smoking in cars with minors. They will use March 25th as their morning at the statehouse to advocate.

d. VMS

David Coddair, a family physician from Morrisville will be the next president of the VMS and he would like to have a joint meeting on the VMS, VTAFP and AAPVT chapter in 2015. VMS has set the date of November 7th at Topnotch Resort in Stowe. The board agreed to hold their annual meeting in collaboration.

5. Update from the VDH and discussion with Commissioner Harry Chen

Dr. Chen started by stating his appreciation of partnerships with physicians. He asked what he would do better and what he could help with and not hinder physicians with. Dr. Chen then updated the board on activities at the VDH including lead, opiates and Narcan. Narcan is now available for EMT's to give. Physicians can also write a prescription for a family/patient. There are currently 5 hubs and 7 sites (hub & spoke model) for opiate abuse patients to get treatment. Family physicians can sign up through the Blueprint to participate as a site and get two FTE's per 100 clients (a behavioral therapist & another). The board asked if the VPMS

could flag patients who are drug shopping. Harry answered theoretically yes, but its not meant to be real-time. Once EHR's are fully coordinated it will be.

Lyme disease is a big problem in VT. We are #1 or #2 per capita of cases in the U.S. Physicians should identify and treat – forget blood tests, they aren't going to help – treat for 14-21 days. There are people with chronic pain but science does not support long-term antibiotic use to treat.

Codes for tobacco cessation have been turned on for Medicaid. The YRBS survey shows alcohol and drug use down, but mental health issues and obesity are up. Harry is optimistic though with a new school lunch program and new school quality standards (PE).

6. Other Business

Andrea Regan described her battle with EHR companies and the cost to just move data from one to another (\$22,000-27,000). Harry offered his help and will be in touch.

7. Adjourn

This meeting adjourned at 7:45 p.m.